



**SUMMIT COUNTY
SAFETY COUNCIL**

SCSC NEWSLETTER

WHEN THUNDER ROARS, GO INDOORS

In the United States, there are an estimated 25 million lightning flashes each year. During the past 30 years, lightning killed an average of 58 people per year. This is higher than 57 deaths per year caused by tornadoes and average 48 deaths to hurricanes. Yet because lightning usually claims only one or two victims at a time and does not cause mass destruction of property, it is underrated as a risk. While documented lightning injuries in the United States average about 300 per year, undocumented injuries are likely much higher.

- **Watch for Developing Thunderstorms:** Thunderstorms are most likely to develop on spring or summer days but can occur year round. As the sun heats the air, pockets of warmer air start to rise and cumulus clouds form. Continued heating can cause these clouds to grow vertically into towering cumulus clouds, often the first sign of a developing thunderstorm.
- **When to Seek Safe Shelter:** Lightning can strike as far as 10 miles from the area where it is raining. That's about the distance you can hear thunder. **If you can hear thunder, you are within striking distance. Seek safe shelter immediately.**
- **Outdoor Activities: Minimize the risk of being struck.** Most lightning deaths and injuries occur in the summer. Where organized outdoor sports activities take place, coaches, camp counselors and other adults must stop activities at the first roar of thunder to ensure everyone has

time to get to a large building or enclosed vehicle. Leaders of outdoors events should have a written plan that all staff are aware of and enforce.

- **Indoor Activities:** Inside buildings, stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity. Stay away from pools (indoor or outdoor), tubs, showers and other plumbing. Buy surge suppressors for key equipment. Install ground fault protectors on circuits near water or outdoors. When inside, wait 30 minutes after the last clap of thunder, before going outside again.
- **Helping a Lightning Strike Victim:** Lightning victims do not carry an electrical charge, are safe to touch, and need urgent medical attention. Cardiac arrest is the immediate cause of death for those who die. Some deaths can be prevented if the victim receives the proper first aid immediately. Call 9-1-1 immediately and perform CPR if the person is unresponsive or not breathing. Use an Automatic External Defibrillator if one is available.
- **Summary:** Lightning is dangerous. At the first clap of thunder, go to a large building or fully enclosed vehicle and wait 30 minutes after the last clap of thunder before you to go back outside. **Lightning is the underrated killer.**

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JUNE'S FEATURED PROGRAM

The Missing Link to a Successful Ergonomic Evaluation and Safety Program

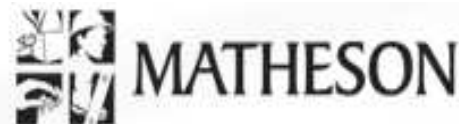
Roy O. Matheson
President, Roy Matheson and Associates, Inc.

This presentation will address the challenges and barriers to implementing ergonomic change within a company including resistance to change, establishing responsibility for change and the level of communication it takes to accomplish change.

Over the four decade course of his career, Mr. Matheson has been a donut maker, YMCA camp maintenance worker, production worker making hand-assembled poly barrels for Container Corporation of America, Gun Fire Control Technician (E-5) during service with the United States Coast Guard, a Certified Weight Master for Container Corporation of America, accounting manager for a large paper distribution company and corporate controller for the company that invented the desk top printer for the personal computer. He received his degree in Accounting from the California State University at Long Beach and extensive training in the job analysis science of Method-Time Measurement.

Over the last two decades he has built Roy Matheson and Associates into an internationally respected provider of education, hardware and software to the fields of work capacity evaluation and ergonomic evaluation.

He is currently focusing his efforts on meeting the payroll for his eight-family small business while simultaneously launching a new, safety and ergonomic evaluation-focused venture. This emerging enterprise will provide web-based software that fosters communication and provides resources to line workers, supervisors, safety team members and management.



Semi-annual reports for the 1st half of 2010 (1/1/10 to 6/30/10) will be due from all members on July 15th. The report and instructions are included with this newsletter. You may email, fax or file online. **Note: To file online you must be logged into the SCSC website to obtain access to the "Reporting" link.** Filing of semi-annual reports is a requirement of continuing SCSC membership as well as BWC's Safety Council Rebate Program requirement. **Please do not file your report before 7/1/10.**

Thank you!

Mark Your Calendar

Wednesday,
June 16, 2010
11:30 a.m.

Regular Meeting —Tangier
Roy O. Matheson
The Missing Link to a
Successful Ergonomic
Evaluation and Safety
Program



THE FY10 SAFETY COUNCIL PROGRAM YEAR ENDS 6/30/10. ALL REQUIREMENTS OF THE SAFETY COUNCIL REBATE PROGRAM MUST BE COMPLETED THIS MONTH. THIS INCLUDES ATTENDANCE AT 10 MEETINGS/EVENTS, CEO ATTENDANCE AT ONE MEETING/EVENT, AND SUBMISSION OF SEMI-ANNUAL REPORTS FOR CALENDAR YEAR 2009. THE DEADLINE TO SUBMIT EXTERNAL TRAINING CERTIFICATES FOR EXTERNAL TRAINING CREDIT IS ALSO 6/30/10.

SCSC 2010-2011 SCHOLARSHIP AWARDED

The executive board recently awarded the Summit County Safety Council Scholarship for the 2010-2011 academic year to Brant Juhasz. Brant will be a senior student this fall at the University of Akron pursuing an Associates Degree in Public Safety and Security Administration and a Bachelor's Degree in Emergency Management.

Brant is currently interning with SACS Consulting and Investigative Services, Inc. where he specializes in comprehensive emergency management plans. He is a Board Member/Student Liaison for the University of Akron ASIS Akron/Canton Chapter.



Brant will receive a \$2,000.00 scholarship to be credited in two payments of \$1,000.00 per semester for the 2010-2011 academic year. Brant will be introduced at an upcoming safety council meeting. Congratulations Brant!

Upcoming Events & Reminders



June 16, 2010

Regular Meeting—Tangier
Roy O. Matheson
Roy Matheson & Associates
The Missing Link to a Successful Ergonomic Evaluation and Safety Program



July 21, 2010

Regular Meeting—Tangier
George LaPorte
Bureau Veritas North America
Office Safety



August 18, 2010

Regular Meeting—Tangier
Tod Morrow
Morrow & Meyer LLC
Effective Claims Management



OSHA UPDATES

HEXAVALENT CHROMIUM RULE SETS NEW EMPLOYER REQUIREMENTS FOR WORKER PROTECTION

OSHA's final rule requiring employers to notify their workers of all hexavalent chromium exposures goes into effect June 15. The rule revises a provision in OSHA's Hexavalent Chromium standard that required workers be notified only when they experienced exposures exceeding established safe limits. Workers exposed to this toxic chemical are at greater risk for lung cancer and damage to the nose, throat, eyes, skin and respiratory tract. Occupational exposures to hexavalent chromium can occur among workers handling pigments, spray paints and coatings. See the news release for more information and visit OSHA's Safety and Health Topics page on hexavalent chromium to learn about protecting workers from exposure to this chemical.

NEW OSHA PROPOSAL TO IMPROVE WORKER PROTECTION FROM INJURY AND DEATH ON WALKING-WORKING SURFACES

OSHA has proposed a revision of the current Walking-Working Surfaces standard to require employers to provide their workers with fall protection devices such as self-retracting lanyards and ladder safety and rope descent systems. Trips, slips and falls are a leading cause of workplace injuries and death and the revisions to this standard will help prevent an estimated annual 20 workplace fatalities and more than 3,500 injuries serious enough to cause people to miss work. Current Walking-Working Surfaces regulations allow employers to provide outdated and dangerous fall protection equipment such as lanyards and body belts that can result in workers suffering greater injury from falls. OSHA is seeking public comment on the new proposal. See the news release for more information.

SCSC

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A new safety council program year begins 7/1/10. To prepay for luncheons for the entire year (7/1/10 to 6/30/11), please complete and return this form with payment in the amount of **\$165.00**. Cost of an individual luncheon is \$15.00. You receive one free luncheon for pre-payment.

Name: _____

Company: _____

Address: _____

Phone: _____

Email: _____

: _____

_____ Check enclosed (make checks payable to Summit County Safety Council)

Complete and return to:

Summit County Safety Council
One Cascade Plaza
18th floor
Akron, OH 44308

Mission Statement

To promote safety/accident prevention in the workplace by offering informational and educational opportunities to both the private and public sectors within the community.

Co-sponsored by the Ohio
Bureau of Workers'
Compensation (BWC)

